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From the President...

June 2015

We have had a busy few months at CO.AS.IT. we have finalised the development and launched the 'Ciao' Application. The development of the Iphone and Ipad application commenced a year ago through a collaboration with Domiciliary Care and we thank Gosia Skalban for all her support with this project.

The application has gained widespread support and we have been successful in gaining funding to develop an android version and an in house system management program. We are also working with other communities to assist in developing applications to suit their communities needs.

The volunteer event was held at the Festival Function Centre this year and we had record numbers of

volunteers attend. Congratulations to all volunteers for their contribution.

CO.AS.IT. is showcasing our Volunteer Event at an exhibition that embraces multiculturalism, volunteering and the influences that our diverse cultures have made in SA. The exhibition will be at The Forum, Migration Museum from June 22nd until September 12th, 2015. The exhibition includes a history and volunteers stories and recognises their valuable contribution in the community. It will also be an opportunity to 'call to action' for new volunteers. Make sure you take the time to visit the museum.

Franca Antonello OAM JP
CO.AS.IT. (SA) President



CO.AS.IT.(SA) Inc.

A peak body for organisations supporting older Italian Australians in South Australia.

Our vision is that the older Italian Australian community will have equitable access to culturally appropriate services in South Australia.



Pictured above left to right: Luisa Greco, Vincent Tarzia, Franca Antonello, David Pisoni, Tony Piccolo and Grace Portolesi.

'Ciao' App launched by CO.AS.IT. (SA)

'Ciao' is an Italian Language application (App) for iPad/iPhone which has recently been developed by CO.AS.IT. (SA) Inc. for the aged care sector. It is specifically designed and tailored to educate and support staff and volunteers to communicate more effectively with Italian speaking clients in an aged care or health care setting. It can also be used by anyone wanting to learn some basic Italian words and phrases and has even been utilised in hospitals and schools.

The language words are split into many categories for ease of searching for a word or phrase. Workers can create their own shortlist of favourites relating directly to their role e.g. medical staff, carers etc. All the categories have visual prompts, text and voice recordings. Some examples of the categories included are greetings, feelings, family, religion, instructions and health care.

'Ciao' is an instant resource that supports workers and volunteers quickly when communicating with Italian speaking people. It allows workers and volunteers to communicate more effectively, giving older people a real feeling of appreciation and acknowledgement.

The App also has direct links to Italian agencies so anyone can call, email or source information online instantly in relation to Italian cultural information or services available. These links include CO.AS.IT (SA), ANFE, CIC, PISA, Bene Aged Care and St Hilarion Aged Care.

The App is highly innovative and the first of its kind in the industry. We hope others will be able to use this model to develop similar Apps to



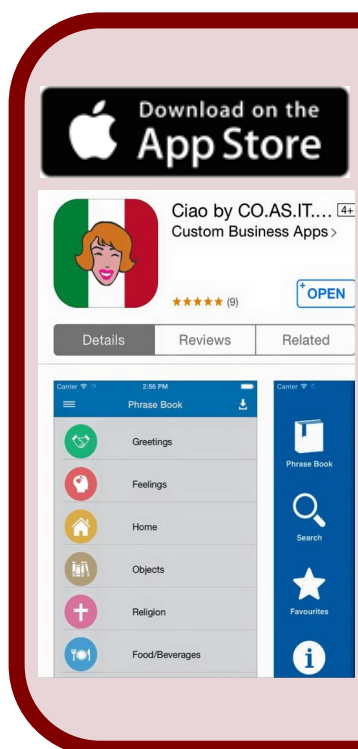
support different groups in the community. It is free of charge to download. One of our goals is for as many people to benefit from this application as possible and for the community to benefit from a culturally responsive service.

The application concept and trials were developed in collaboration with Domiciliary Care, The Department for Communities and Social Inclusion and has received wide support from both Italian and mainstream agencies, hospitals and schools.

The Official Launch of 'Ciao' took place on 17th April at the Thebarton Community Centre. Guests were officially welcomed by CO.AS.IT. (SA) President Franca Antonello OAM JP. Other speakers included Luisa Greco, CO.AS.IT (SA) Project Manager, Tony Piccolo MP representing Premier Jay Weatherill MP, David Pisoni MP representing Leader of the Opposition Steven Marshall MP and Honourable Grace Portolesi, chair of SAMEAC.

The night presented a great opportunity for all to interact and have some fun. Drinks and nibbles were provided whilst guests enjoyed many activities such as card games, Italian dance competitions, bocce and the photo

booth proved to be a big hit by people of all ages. A beautiful exhibit, 'Carnevale in Venice' was also displayed. You can find his work at www.jlphotoimages.com.au.





Helping Hands! Volunteer Recognition Awards 2015

The key to our success
rests in people like you,
Who embody the spirit
of greatness by saying,
"Yes I can, and so
can you!"

CO.AS.IT. proudly acknowledges and thanks our sponsors

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1629 AM
- Radio Italiana 531 AM
- San Remo
- Serafino Wines
- St George Cakes and Gelati
- Tigani Olive Oil
- The Good Guys
- Tony and Mark's

This year's event was held on 14 May 2015 at the Festival Function Centre. It includes an award system recognising volunteers who can be nominated by their agency. The event was once again a huge success and we were pleased to recognise nearly 400 volunteers on the day. Orietta Borgia, Acting Consul of Italy and Gilda Campbell, Acting President for CO.AS.IT.SA, presented the certificates on the day.

The winner of the Volunteer Award for 2015 is Peter Tropeano. Peter has been a volunteer at St Hilarion Aged Care for 10 years. Peter has been responsible for the creation of the Adami Organic Garden and Keelan's Fruit Grove. He was able to network with local business and schools to create a fruit garden consisting of 32 trees and an organic vegetable farm. As a result of Peter's hard work, residents are actively involved in the upkeep and development of the garden and the produce is utilised in the daily meals.

A special youth category is also included to highlight any younger volunteers. The winner of the Youth Volunteer Award for 2015 is Donato D'Ettorre. Donato volunteers with the Madonna di Montevergine association and is currently their public relations officer as well as forming part of their committee. He is passionate about promoting Italian culture and events. Donato is an outstanding



Pictured above left to right: Orietta Borgia, Donato D'Ettorre, Gilda Campbell, Peter Tropeano and Luisa Greco.

ambassador for young volunteers, who supports the many Italian feasts and functions weekly. Those in the Italian community benefit from people like Donato supporting and promoting Italian cultural and religious events.

The Italian agencies collaborate with us to ensure the volunteers can get to the venue and participate in the event. Without the collaboration with ANFE, APAIA, CIC, PISA, Bene Aged Care, St Hilarion Aged Care, Salisbury Council Northern Italian Social Support Program and many other smaller groups the event wouldn't be such a success. Together the Italian agencies thank volunteers for their work and celebrate their contribution.

The event was broadcast live on Radio Italia Uno Adelaide 1629 AM and Radio Italiana 531 AM for those volunteers who were unable to attend. Both large and small agencies participate, and for some of the smaller agencies it is the only form of recognition they receive so for them the event is particularly important.



Pictured above left to right: Luisa Greco, Gilda Campbell and Grace Portolesi.



Community Information Notice Board

"Tempo Mio" (My Time)

Saint Hilarion Aged Care has been a valued member of the South Australian community for over 60 years. They are a trusted provider of quality aged care services, responding to people's needs.

Their services have expanded into the community and can provide assistance to plan care services, access government funded programs and other programs that will support you to live independently in your own home making life easier and more enjoyable.

The newly developed centre based day care program "Tempo Mio" (My Time) will run from Villa St Hilarion at 21 Farncomb Road, Fulham. The Tempo Mio programs are set up to be as home-like as possible, operating Tuesday to Friday with some weekend outings. These programs are held during the day and run under the direction of a qualified coordinator and trained volunteers.

The objectives of the Centre Based Day Care programs are:

- * to assist with meeting basic

nutritional, exercise, recreational and health care needs,

- * to assist consumers to develop, maintain and support their capacity for independent living and social interaction,
- * to reduce psychosocial problems such as anxiety, insecurity, depression and loneliness,
- * to provide Carers of consumers with respite
- * to prevent consumers from premature or inappropriate admission to long term residential care.

The programs are culturally and linguistically appropriate and include:

- * Social support provided in a group setting through structured activities,
- * Group outings / excursions
- * Gentle exercise
- * Support and extend social connections and interaction
- * Links to local community services
- * Nutritional meals
- * Transport

Referrals can be made by contacting the Coordinator, Rosie Manzella on 8235 9055 or Patrizia Kadis on 84091500.



facebook

CO.AS.IT. is now on facebook, please like us if you would like to keep up to date with what is happening with CO.AS.IT. and Italian community services.

www.facebook.com/CoAsItSAInc



CO.AS.IT.^{SA}

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Healthy and Happy Social Support Program

You are invited to attend a day of keeping healthy, socialising, making friends, sharing food and coffee! Join in for a day of health living, walking, learning, playing, dancing, singing, making friends and socializing at the AGH Cox Reserve.

The group will be at AGH Cox Reserve corner of Rhode Island Drive and Homestead Place, Parafield Gardens. Held every Monday from 10.00am until late afternoon. There is a cost of \$2.00 per person and everyone is asked to please bring a plate of food to share.



Please contact Mary Ceravolo HACC Program Coordinator, City of Salisbury on 8406 8579 if you need assistance with transport or if you are interested in attending the program.

All friends are welcome!