

# DECEMBER 19 2022

## MERRY CHRISTMAS!



### FROM THE PRESIDENT...

Welcome to our final newsletter for the year! I would like to take this opportunity to introduce myself – I am Tina Taddeo, the newly elected President of Co.As.It. (SA). For the past 4 years I have been the Vice President, working alongside Gilda Campbell. Gilda has decided to remain on our Board, however has retired as President to pursue a new and very exciting personal chapter. I, on behalf of the Board, would like to take this opportunity to thank her for the hard work over the last 4 years.

year and to thank you all for your time and dedication to those in our Italian community. Without your generosity there would so many in our community who would not feel included and valued.

*Merry Christmas!*



### INSIDE THIS ISSUE:

FROM THE PRESIDENT	1
HAVE YOU DONE YOUR FIRST AID?	2
PORT AUGUSTA & WHYALLA	3
ANNUAL GENERAL MEETING 2019	4
EXPRESSION OF INTEREST BOARD MEMBER	4

This message is to wish you all a very Merry Christmas and blessed festive season. I look forward to meeting with all our social groups over the coming months, and would like to once again acknowledge the tremendous effort that you have all put in over the last

## RIMANI INFORMATO!

Se avete bisogno di assistenza con questa pubblicazione in italiano si può contattare l'ufficio Co.As.It. (SA) su 8223 3311. Aperto Lunedì, Martedì, Giovedì & Venerdì (9.30am - 2.30pm).





# HAVE YOU DONE YOUR FIRST AID?

Co.As.It. (SA) recognises the importance of attending a First Aid Training Course to become a first aider or update your knowledge in dealing with trauma situations, casualties and emergency situations.

A group of Co.As.It. (SA) volunteers attended the 2019 First Aid Course offered by St John and found it extremely useful.

The First Aid Training Course was aimed at:

- preserving life
- preventing illness or injury from becoming worse
- relieving pain, if possible
- promoting recovery
- protecting the unconscious.

Co.As.It. (SA) recognises that having qualified first aiders present in its social support group programs and in the workplace is important to ensure the safety of its staff, volunteers and care recipients.

Co.As.It. (SA) encourages all staff and volunteers to complete the St John nationally accredited first aid training course.

For more information please contact St John Ambulance Australia on 1300 ST JOHN or Co.As.It. (SA) on (08) 8223 3311.

***Remember... "the more First Aid certified people there are in a community, the safer that community becomes".***



A PEAK BODY FOR ITALIAN AGEING IN SOUTH AUSTRALIA



## Like CO.AS.IT. (SA) on Facebook!

[www.facebook.com/coasitsa](http://www.facebook.com/coasitsa)

**The peak body for Italian ageing in South Australia - providing information on ageing and culturally and linguistically diverse issues relevant to Italian Australians.**



# PORT AUGUSTA & WHYALLA

Co.As.It. (SA) has continued its exciting initiative in the upper Spencer Gulf Region, which commenced after recognising the high concentration of ageing Italo-Australians spread throughout regional South Australia. In December 2019, we visited the two regional Italian-specific group social support programs we are supporting; the Italian-Australian Society of Port Augusta Inc. (Port Augusta) and Club Italico Inc. (Whyalla).

This initiative aims to increase social support activities that bring isolated members of the community together; to improve access to aged care information and services; and to promote interaction with all other culturally and linguistically diverse (CALD) groups in the region. This program also assisted Club Italico (Whyalla) to re-open its doors after being closed for many years, which in

2019 marks 47 years since the club first opened.

Currently, both social programs are running smoothly, as well as being enthusiastically attended by members of the community! We would like to thank the committees of both groups and all the volunteers involved. In particular, we thank Mr Claudio and Mrs Daniela Asperti from Club Italico, and Joe Terminillo who kindly offers his venue to accommodate the group in Port Augusta.

We look forward to the continued growth of this initiative and continuing to see the local community benefit from its presence. If you are interested in attending one of our social support groups, please contact the Co.As.It. (SA) office for further information.



**Co.As.It. (SA)  
IS ON AIR!**



**Join us every first Tuesday of the month on  
RADIO ITALIANA 531 AM from 3:00 - 3:30pm**



# ANNUAL GENERAL MEETING 2019

The Co.As.It. (SA) 2019 Annual General Meeting (AGM) was held at our head office, 262a Carrington Street, Adelaide SA 5000, on Tuesday 19 November 2019.

We are proud to announce the election of the following Executive Member positions and we welcome our new board members William Galimi and Edmondo Palombo.

President: Tina Taddeo  
Vice President: Joe Scalzi  
Treasurer: Lisa Canale  
Secretary: Vicky Puleski

We also thank outgoing Board member Frank Naso who has stepped down to pursue other commitments. We thank Frank for his valuable contribution and look forward to the year ahead with our new Executive team!



## EXPRESSIONS OF INTEREST – CO.AS.IT. (SA) BOARD MEMBER

Co.As.It. (SA) is a peak body for ageing Italo-Australians in South Australia. It was originally formed as a collaborative initiative of the South Australian Italian community to support existing programs and respond to the growing demand for services within our community.

Co.As.It. (SA) has a dynamic group of Board members who are committed to advancing the wellbeing of ageing Italo-Australians with access to information, support advocacy services and programs that promote a fulfilling life.

The Board of Management currently consists of individuals with expertise and skills in the areas of aged care, financial management, public service administration, policy making and business administration.

All Board members serve on a voluntary basis for a term of two years. The Board of Management meets on a monthly basis after business hours, at our Carrington Street office in the Adelaide CBD.

Co.As.It. (SA) is seeking expressions of interest from suitably qualified people who have a passion for the ageing Italo-Australian community and wish to join to enhance the organisation's mission going forward.

Preferred candidates will demonstrate a desire to engage with our Vision as a peak body for ageing Italo-Australians in South Australia.

Knowledge or experience in the aged care sector would be highly regarded.

Please forward any expressions of interest by emailing your most up to date Curriculum Vitae (CV) to [carlo@coasitsa.org.au](mailto:carlo@coasitsa.org.au). For any further questions please call the Co.As.It. (SA) office on (08) 8223 3311.

All expressions of interest will be forwarded to our President Tina Taddeo, Executive Committee and the Board of Management for their consideration.

# WE WISH YOU ALL A VERY MERRY CHRISTMAS & A HAPPY NEW YEAR!



CO.AS.IT. (SA) Inc.  
Italian Assistance Association  
262a Carrington Street,  
Adelaide, SA 5000

Ph: (08) 8223 3311  
Mobile: 0431 756 144  
Email: [admin@coasitsa.org.au](mailto:admin@coasitsa.org.au)  
[www.coasitsa.org.au](http://www.coasitsa.org.au)

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