

JULY 2019

Have you done your First Aid Training?

Co.As.It. (SA) recognises the importance of attending a First Aid Training Course to become a first aider or update your knowledge in dealing with trauma situations, casualties and emergency situations.

A group of Co.As.It. (SA) staff attended the 2019 First Aid Course offered by St John and found it extremely useful.

The First Aid Training Course was aimed at:

- preserving life
- preventing illness or injury from becoming worse
- relieving pain, if possible
- promoting recovery
- protecting the unconscious.

Co.As.It. (SA) recognises that having qualified first aiders present in its social support group programs and in the workplace is important to ensure the safety of its staff, volunteers and care recipients.

Co.As.It. (SA) encourages all staff and volunteers to complete the St John nationally accredited first aid training course.

For more information please contact St John Ambulance Australia on 1300 ST JOHN or Co.As.It. (SA) on (08) 8223 3311. Remember...

“the more First Aid certified people there are in a community, the safer that community becomes”.

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The 15th Annual Italian Community Volunteer Awards 2019

This year Co.As.It. (SA) celebrated the 15th anniversary of holding the Italian Community Volunteer Awards!

The 15th anniversary marks the passage of time and emphasises the success and longstanding contribution of volunteers in the Italian community in South Australia. The event was a great opportunity to reminisce about how far we have come as a community, as well as recognising that many wonderful moments lay ahead of us in the future.

The 15th Annual Co.As.It. (SA) Italian Community Volunteer Awards were held on Friday 10th May 2019 at the Carrington Function Centre. Around 300 attendees enjoyed a long lunch, vibrant music by the band "Friends", exciting raffle prizes, and the company of our community volunteers.

This year, guest speakers and special attendees included: the Honourable Vincent Tarzia MP, representing Premier of South Australia, Mr Steven Marshall MP, Speaker of the House Assembly and Member for Hartley; the Honourable Katrine Hildyard MP, representing Mr Peter Malinauskas MP, Leader of the opposition, Shadow Minister for Multicultural Affairs; Mrs Antonietta Cocchiari OAM, Deputy Chair of SAMEAC; and Mr Steve Georganas MP, Member for Hindmarsh - just to name a few.

Along with these special guests, the event involved other important members of the multicultural and volunteering

community, which demonstrated the value placed on the hard work done by all volunteers over the last year.

This year, 24 volunteers were nominated for awards, across three new award categories!

The winners of each award category are listed below:

Community Service Award – Antonia Zotti

Antonia is a volunteer console operator for Radio Italiana 531. Antonia conducts six programs per week and is the foundation of many popular programs that provide information and entertainment to thousands of Italians each week. She has also developed her own Italian language skills over her time as a volunteer and trains new console operators from start to finish.

Aged Care Service Award – Matilde Gallina

Matilde is a volunteer with The Society of St Hilarion. Being a hairdresser by trade, she volunteers her time to do the residents' hair. She is also a member of the Executive Committee and volunteers her time for the Feast Day of St Hilarion, the Italian Carnevale and other functions. She frequently visits the residents and takes them on outings. The Italian people benefit from having Matilde spend time with someone who speaks their language and understands their customs and traditions.

Lifetime Achievement Award – Teresa Dall'Acqua Leonardi

Teresa has been a volunteer within many Italian organisations for over 20 years. Teresa's association with many Italian Clubs, Associations and welfare organisations has enabled her to be at the forefront of issues the Italian Community have and are facing in an Australian society. Teresa has touched the heart of many people across the community and gives relentlessly of her time and expertise to everyone who needs support. Teresa has always put the interests of others before her own, assisting those in the community who are less able to speak for themselves especially migrant women.

On behalf of Co.As.It. (SA) we would like to give a huge thank you to all of our raffle prize sponsors on the day, Radio Italiana 531 FM and Radio Italia Uno Adelaide 87.6 FM for broadcasting live, our special guests and the Carrington Function Centre.

A special mention to the Co.As.It. (SA) staff, in particular Ada Giglio who was instrumental in helping to organise her 6th Volunteer Event, together with a wonderful team of staff and Co.As.It. (SA) volunteers.

We look forward to celebrating again next year, as Co.As.It. (SA) will continue to express its gratitude for the service given by all volunteers, as they are the heartbeat of our community.



The 15th Annual Italian Community Volunteer Awards 2019



La Festa Della Repubblica

“La Festa Della Repubblica” or “Italian National Day”, is a national holiday celebrated on June 2nd to commemorate the birth of the Italian republic on 2nd June 1946, after the end of fascism and World War 2. In fact, Italian National Day has traditionally always been a day for celebrating the end of dictatorship in favour of democracy and freedom.

In Italy, most of the commemorative events including the glorious military parade are held in Rome. After a soulful tribute to the Unknown Soldier on Piazza Venezia with the President in attendance, military corps are expected to march in the streets by the Colosseum and the Altar of the Fatherland (Victor Emmanuel monument).

The military parade includes a public speech by the Italian President and the most important political authorities, the Italian aerobatic squadron Frecce Tricolori and a concert by the State Police Band on Piazza di Montecitorio. On Italian National Day some of Rome’s most historical buildings are publicly opened for all citizens and tourists to walk through.

In every city along “the Boot”, religious commemorations, classic and modern concerts, picnics, and football matches make this day an extraordinary occasion to celebrate our “Bella Italia” in full.



RIMANI INFORMATO!

Se avete bisogno di assistenza con questa pubblicazione in italiano si può contattare l’ufficio Co.As.It. (SA) su 8223 3311. Aperto Lunedì, Martedì, Giovedì & Venerdì (9.30am - 2.30pm).

Co.As.It. (SA) IS ON AIR!

Join us every first Tuesday of the month on **RADIO ITALIANA 531 AM** from **3:00 - 3:30pm**



Find the help you need with myagedcare

If you’re finding it harder to do the things you used to, you might need a bit of support at home. The Australian Government’s myagedcare phone line and website can help you to:

Access services to support you with:

- **Transport**
(e.g. appointments and activities)
- **Household jobs**
(e.g. vacuuming and preparing meals)
- **Modifications to your home**
(e.g. hand rails, ramps)
- **Nursing and personal care**
(e.g. help getting dressed, help shaving)

Find information in one spot on:

- **Different types of services**
(in home support, short-term care, aged care homes)
- **Your eligibility**
- **Your contribution to the cost**
- **Organisations that provide aged care**

Connect with myagedcare on www.myagedcare.gov.au or call **1800 200 422**

*1800 calls are free from land lines; calls from mobile phones might be charged.

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CO.AS.IT.SA

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