

JULY 2021

From the Project Manager

It's been a busy few months here at Co.As.It. (SA)!

An office move to Port Road Hindmarsh, our annual Volunteer Event, a Volunteer Morning tea and attending many celebrations within the Italian Community.

We were extremely proud to welcome our Co.As.It. (SA) Volunteers at our new offices for a morning tea in June. It was a

joint celebration with Radio Italiana 531 who were celebrating the 50th Birthday of President Mario Romaldi and Emma Luxardo. It was great to see the Italian community come together and I know our volunteers loved meeting some of the 'faces' behind their favourite radio programs.

Yours Sincerely,

Ada Giglio

Project Manager, Co.As.It. (SA)



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Census night is 10 August

Every five years, the census counts every person and home in Australia. It asks questions about things like your age, country of birth, religion, ancestry, language use at home, work and education. Everyone who is staying in your home on 10 August 2021 must be included. The Census data helps us understand the needs of communities and plan programs and services like health, education, and transport.

How and when to complete the Census

You will either get a letter with instructions on how to complete the Census online or a paper form. You can start as soon as you get instructions, if you know where you will be on Census night, Tuesday 10 August. Most

households will get instructions in the mail to complete online. To request a paper form, call the 24-hour automated paper form request service on 1800 130 250. You will need your 16-digit Census number from your Census letter.

Co.As.It. (SA) along with Radio Italiana 531 and the Australian Bureau of Statistics will be holding an information and assistance session at Unit 3, 215 Port Road, Hindmarsh on August 9th from 10am – 2pm. We will be assisting those who require a paper form or supporting those in filling out their Census form. Attached to this newsletter is further information regarding the Census in both English and Italian. If you have any queries, please feel free to contact the Co.As.It. (SA) office on 8223 3311.

Co.As.It. (SA) HAVE MOVED!

Co.As.It. (SA) has relocated to:

**Unit 3, 215 Port Road,
Hindmarsh SA 5007**

Phone: 8223 3311

Email: admin@coasitsa.org.au

Italian Community Volunteer Awards 2021

The 17th annual Co.As.It. (SA) Italian Community Volunteer Awards were held on Thursday 13th of May 2021 at The Grand Ballroom, Fulham Gardens. Despite the impact of COVID-19, we were grateful to host an event that reflects our usual proceeding for an awards day and this year's celebration was truly a memorable one.

The event was a huge success with over 200 attendees enjoying lunch, great music and joyful celebrations for the efforts of our community volunteers.

This year's guest speakers and special attendees included Adriano Stendardo, Consul of Italy, Peter Malinauskas, Leader of the Opposition, Joe Szackas, Member for Cheltenham and Antonietta Cocchiaro, Deputy Chair SAMEAC.

Along with these special guests, the event involved other important members of the multicultural and volunteering community, which demonstrated the value placed on the hard work by all volunteers over the last year.

During the event, guests were serenaded by the wonderful sounds of the band 'Friends'. Many people got involved in their performance by showing off their moves on the dancefloor! In addition, the famous Co.As.It. (SA) raffle saw around 30 lucky people win prizes donated by our fantastic sponsors. A huge thank you to all Co.As.It. (SA) sponsors who made this possible by donating generously. Radio Italiana 531 and Radio Italia Uno Adelaide both broadcast live from the event on the day and Co.As.It. (SA) thanks both radio stations for their support.

In total, 26 volunteers were nominated for awards across 3 categories, a tremendous effort on behalf of the Italian community.

The winners of each award category are listed below;

Aged Care Service Award - Pina DeGuisa

Pina has been a volunteer at St. Hilarion for 30 years. She is well respected among the residents, and enjoys cooking and baking biscuits and cakes for

the residents, to bring a taste of home to them. She embodies the Italian culture through sharing the same beliefs and love of traditional Italian food and events with the residents. She also is involved with working with volunteers and festas especially the Carnevale and other feast days and is an active committee member of the St. Hilarion Society.

Community Service Award - Dora Taddeo

Dora has volunteered for the Casa D'Abruzzo Club for 31 years. For the past 8 years she has coordinated Wednesday night exercise classes and Friday night Bocce for the older Italian ladies. She has helped successfully create a group whereby these women can exercise and socialise in a friendly environment, helping many who have struggled through the COVID pandemic with isolating. She extends herself to ensure that after each session there are refreshments for the groups, providing them with a time to talk and chat with other members from the group. Dora has a big heart a passion for helping vulnerable groups of people. She gives up her own personal time to ensure the wellbeing of her groups members and takes time out to personally get to know what makes each member happy.

Lifetime Achievement Award - Carmel Stefano

Carmel has been an active member of the Society of St. Hilarion for over 25 years, and has been heavily involved in the executive committee for the Society, taking on many roles including religious coordinator. She is welcoming and ready to teach the next generation about St. Hilarion history, pastoral care and traditions. She has also dedicated 25 years service to the Western Adelaide Italian Community as Chair to Mater Christi Parish, but still serves as a Eucharist minister and provides support to the parish priest, sisters, ministers of the church and wider community. She always acts with good will and from the heart, and with such a great wealth of knowledge she is an irreplaceable member of the St. Hilarion and valued community member.

Co.As.It. (SA) is proud of this year's nominees and award winners. Their dedication remains a shining example not just for volunteers but for all those who assist the Italian community.

We wish to thank our Co.As.It. (SA) Staff, Board Members and everyone else who helped make the day possible. Co.As.It. (SA) again thanks all volunteers for their tireless work in the community and we look forward to celebrating again next year!

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La Tombola Italian Restaurant
Imma & Mario Mercato
Pan and Vine
Panini Brothers
Panini Cartel
Pasta Go Go
RIO Coffee
Tigani Olive Oil
Galipo Food Company



Italian Community Volunteer Awards 2021



The Aged Rights Advocacy Service



The Aged Rights Advocacy Service (ARAS) offers a free, confidential and statewide service to older people, or their representatives, who are:

- living in residential aged care
- living in a retirement village
- receiving Commonwealth Home Support Programme (CHSP) or Home Care Package (HCP) services
- at risk of, or experiencing abuse, from family or friends.

ARAS Aboriginal Advocacy provides confidential and culturally sensitive services across all its advocacy services. ARAS also delivers the Safeguards for

Ageing Well Program that raises awareness and provides strategies for living a positive life and ageing well. **Stay connected, stay active, stay healthy and stay in control** are the four key messages delivered through this program. This program also delivers information sessions to community and aged care providers on safeguarding the rights of older people, living a positive life, ageing well, and prevention strategies for elder abuse.

Through the Aged Care System Navigator Trial, ARAS can connect you to essential services through MyAgedCare.gov.au, the Australian

government's starting point on your aged care journey. Accessing these services can help you to continue to live independently in your own home for as long as you wish or find an aged care home.

ARAS can also organise independent interpreters free of charge.

If you have any questions or concerns, please contact ARAS on (08) 8232 5377 or 1800 700 600 (toll-free) or aras@agedrights.asn.au or visit www.sa.agedrights.asn.au for more information.

Meet the Co.As.It (SA) Volunteers!

We would like to introduce our Co.As.It. (SA) Social Support Volunteers who give their time so generously to the Italian Community. Our volunteer of focus in this issue is Pasquale Tedesco, volunteer at Italian Pensioners of Thebarton & Suburbs.

What town / province were you born:
Catanzaro, Reggio Calabria

Year arrived in Australia: 1953

Who did you come to Australia with and who did you leave behind in Italy?

I came to Australia with my brother, to meet my father who arrived here in 1951. I left my mother and brother behind who arrived a few months after me. I arrived in Fremantle, and my father came to pick me up with the train, as he was working for the railway, where we arrived at Port Augusta and lived there for a few years.

What did you miss the most about Italy?

I missed my friends and my relatives the most and my old life, it was hard for the first few months.

First job you had in Australia?

I was working in the railway at the local train depo as a shunter for 6 months, and after that I was working on the train as a driver's assistant for 2 years, until we moved to Adelaide. Once I came to Adelaide, I went to trade school for 4 years to become a Fitter and Turner, where I later got a job at Holdens, where I worked for 25 years.

What did you do for fun when you were younger?

I would often go to dances in Adelaide and the country with my friends, we would ride our motorbikes there. We also went to the cinemas every week.

What do you enjoy the most about volunteering?

I like being able to help people, and keep the peace with everyone.

What are a few words you would use to describe yourself?

A leader.

How would your friends describe you?

Different friends describe you in differ-

ent ways, but I think a businessman and dedicated person.

Favourite Movie Star?

An Italian actress, Gina Lollobrigida.

Who would play you in a movie?

Robert DeNiro

Most proud moment?

When I got married! My wife!



Co.As.It. (SA) IS ON AIR!



Join us every first Tuesday of
the month on RADIO ITALIANA
531 AM from 2:30 - 3:00pm

RUBRICA MENSILE DI Co.As.It. (SA)

OGNI PRIMO
SABATO
DEL MESE
ALLE ORE 10

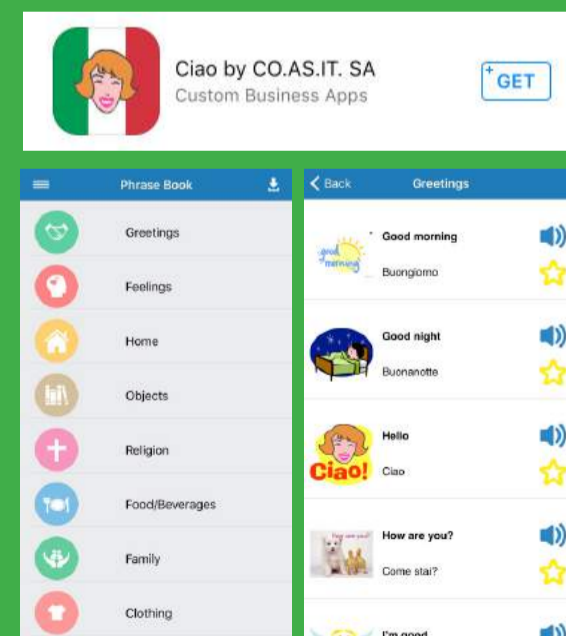
conduce
Andrea Planamente
and Stefano Pratola



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CO.AS.IT.SA

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