

# MARCH 2022

## Presidents Report

Hello to you all, and hopefully this newsletter greets you happy, healthy and safe! It has been great to see so many of our social groups actively functioning on a regular basis, and we look forward to seeing your friendly faces soon. Our volunteer event is not too far away, where we can celebrate all the wonderful work you do, so please keep an eye out for the nomination forms and details of the event. Ciao!

Ciao a tutti e speriamo che questa newsletter vi saluti felice e, in salute! È stato fantastico vedere così tanti dei nostri gruppi sociali funzionare attivamente su base regolare e non vediamo l'ora di vedere presto tutti i nostri amici. Il nostro evento di volontariato non è troppo lontano, dove possiamo celebrare tutto il meraviglioso lavoro che fai, quindi tieni d'occhio i moduli di candidatura e i dettagli dell'evento. Ciao!

Tina Taddeo  
President

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## Co.As.It. (SA) HAVE MOVED!

Co.As.It. (SA) has relocated to:

Unit 3, 215 Port Road,  
Hindmarsh SA 5007

Phone: 8223 3311

Email: [admin@coasitsa.org.au](mailto:admin@coasitsa.org.au)

## Older Persons COVID-19 Support Line 1800 171 866

8:30am-6pm (AEST) Monday - Friday

Some older people are vulnerable to COVID-19 but less connected to the internet and in need of ways to access information for their circumstances. The Older Persons COVID-19 Support Line provides information and support.

Older Australians, their families, friends and carers can call 1800 171 866 (FREECALL) if they:

- would like to talk with someone about the COVID-19 restrictions and its impact on them
- are feeling lonely or are worried about a loved one
- are caring for someone and need some information or a listening ear
- need help or advice about changing the aged care services they are receiving
- need help to access new care services or essential supplies such as shopping
- are living with dementia or are concerned about a friend or family member living with Dementia
- would like to arrange a one-off or regular wellbeing check.

1800 171 866

Older Persons COVID-19 Support Line

8:30am-6pm (AEST) Monday to Friday, excluding public holidays

The Older Persons Support Line is a joint initiative of:



# ITALIAN COMMUNITY VOLUNTEER AWARDS 2022 NOW OPEN!

Co.As.It. (SA) is a leading body for the wellbeing of ageing Italo-Australians in South Australia. Our mission is to advance the wellbeing of ageing Italo-Australians with services and programs that promote a fulfilling life. Co.As.It. (SA) takes a holistic approach to ageing, where psychological, emotional and physical wellbeing have been recognised as areas of need.

In 2022 we are proud to announce the Italian Community Volunteer Awards. The event will recognise volunteers for their outstanding contribution to the Italian community in South Australia. Volunteers do not need to be from an Italian background to be nominated, as long as their work has benefitted the Italian community!

The volunteer awards aim to recognise individuals who have given their time generously to the Italian community. The winners will be presented with a certificate and prize during the Co.As.It. (SA) Italian Community Volunteer Awards on Thursday 12th May 2022. Simply fill in the nomination form (with the volunteer's consent) and send it to Co.As.It. (SA) as per our details below. The closing date for nominations is 5pm Friday 22nd April 2022. *Late nominations will not be accepted.*

For more information and nomination forms please contact the Co.As.It. (SA) Italian Assistance Association office on **8223 3311** or email [admin@coasitsa.org.au](mailto:admin@coasitsa.org.au)

## AWARD CATEGORIES

### **Aged Care Service Award**

An outstanding volunteer who has contributed at least three years of service to any aged care service provider in South Australia.

### **Community Service Award**

An outstanding volunteer within an Italian club, Italian association, not-for-profit organisation (not including aged care), private business or other government agency that has made an outstanding contribution to the Italian community in South Australia.

### **Lifetime Achievement Award**

A volunteer with at least 20 years of service to South Australia's Italian community. The individual may be a volunteer in the aged care or community sector.

# Co.As.It (SA) Social Support Programs

Come and enjoy the company of others while participating in activities such as bocce, tombola, gentle exercises, share a typical Italian meal and various other activities. Co.As.It. (SA) offer a wide range of social support activities that can be attended by all members of the community. All social programs are conducted in a COVID safe manner.

To be eligible, attendees must be over 65 years of age and deemed as eligible under the guidelines of the Commonwealth Home Support Program (CHSP). Please see below the social support programs offered by Co.As.It. (SA) and for more information, please contact our office on 8223 3311.

**Casa D'Abruzzo Molise Club**  
86 – 90 Churchill Road, Prospect SA 5086

Socialise with friends at the women's exercise program held every Wednesday 7:30pm – 8:30pm and woman's bocce program held every Friday at 7pm.

**Campania Sports and Social Club**  
5-9 Famechon Crescent, Modbury North SA 5092

Held every second Wednesday starting at 10.30am, the social support program includes tombola and a typical Italian

meal. Participants are also welcome to play cards and bocce.

**Unley Italian Community Association (Unley Mensa)**  
Fullarton Community Centre  
411 Fullarton Road, Fullarton SA 5063

Come and enjoy a typical Italian meal. While enjoying the company of others, play bingo, cards, pool, sing alongs, day trips and lots of other social activities. Held every second Wednesday 12pm – 3pm

**St Maria Goretti Social Group**  
Active Elders Hall  
27a Charles Street, Ascot Park SA 5043

Make new friends, play bingo, cards and other social activities. Held every Monday 9:30am – 1:30pm. The last Monday of each month a Mensa Lunch is held. Day trips and special events are organised throughout the year.

**Italian Pensioners of Thebarton & Suburbs**  
Thebarton Community Centre  
Corner Ashwin Parade and South Road, Torrensville SA 5031

Enjoy the company of others while playing bocce, cards, tombola, 8 ball,

plus a new exercise class. Held every Wednesday 9am – 12pm. Each year regular day trips and luncheons are organised.

## Regional Programs

**Port Augusta**  
Hotel Flinders  
39 Commercial Road, Port Augusta SA

Enjoy the company of others while singing songs, playing tombola, playing cards, a general chat and various other activities. Held every first and third Tuesday of the month 9am – 12pm. Each get together is accompanied by a luncheon.

**Whyalla**  
Club Italice  
Jenkins Ave, Whyalla Stuart SA 5608

Enjoy the company of others while playing cards, tombola, a general chat and various other activities. Held every second Wednesday of the month 9am – 12pm. Each session is accompanied by a luncheon.



# Meet the Co.As.It (SA) Volunteers!

We would like to introduce our Co.As.It. (SA) Social Support Volunteers who give their time so generously to the Italian Community. Our volunteer of focus in this issue is Filomena D'Ancona, volunteer at Casa D'Abruzzo Social Support Group.

**What region/town are you from in Italy?** Abruzzo

**What year did you arrive in Australia?** 1969

**Who did you come to Australia with and/or who did you leave behind?**

I came to Australia with my husband and 3-year-old son on a ship which docked in Fremantle. We made our way to Melbourne and then finally South Australia where we settled down and grew our family with two more children. It was hard leaving Italy, I left behind my parents and a huge family of 27 cousins, so coming to Australia without them was difficult.

**First job you had in Australia**

I worked at Myers in the city store as a cleaner, which was a very difficult time for me. The hours were at night and I had 3 young children at home so I would often have to leave to catch the bus before my husband got home from his job

at Mitsubishi. I would leave the kids at home waiting for him to arrive and with no mobile phones to call and check up on them I would spend my shifts at working wondering if everything was ok at home.

I also worked as a dressmaker in Italy, so in Australia I would often do alterations for a shop and sometimes take on private work dressmaking.

**Which club do you volunteer at?**

Casa D'Abruzzo-Molise Club

**What do you enjoy the most about volunteering at the Casa D'Abruzzo-Molise Club?**

It's my home! I have been at the Casa D'Abruzzo- Molise Club for 40 years now. I have worked in the kitchen, managed the club and exercise and bocce groups.

**Main reason for volunteering?**

The ladies that come and do the exercise and bocce classes really are like my family. We care for each other and are there for each other which is very special.

**List a few words your friends would use to describe you**

Chatterbox, very friendly and I would do anything for anyone.

**Favourite movie star / sport hero or singer growing up?**

Gianni Morandi

**Who would play you in a movie?**

Bette Midler

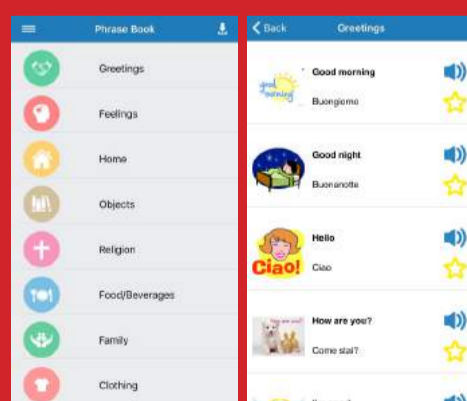
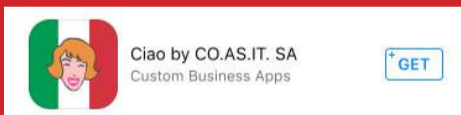
**Most proud moment and why?**

The first time I became a grandma was my most proud moment. That grandson is now 25 years old and I have two more beautiful grandchildren who are 20 and 18 years old.



**DOWNLOAD CIAO BY CO.AS.IT. SA!**

IMPROVE YOUR ITALIAN WITH THE NEW FREE APP CIAO BY CO.AS.IT. SA! AVAILABLE ON THE APP STORE.



**RUBRICA MENSILE DI Co.As.It. (SA)**

OGNI PRIMO SABATO DEL MESE ALLE ORE 10

conduce Andrea Planamente and Stefano Pratola



**Co.As.It. (SA) IS ON AIR!**



Join us every first Tuesday of the month on RADIO ITALIANA 531 AM from 10am - 10:30am

**CO.AS.IT. (SA) Inc.**  
Italian Assistance Association  
Unit 3, 215 Port Road,  
Hindmarsh SA 5007

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[www.coasitsa.org.au](http://www.coasitsa.org.au)

**CO.AS.IT.SA**

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